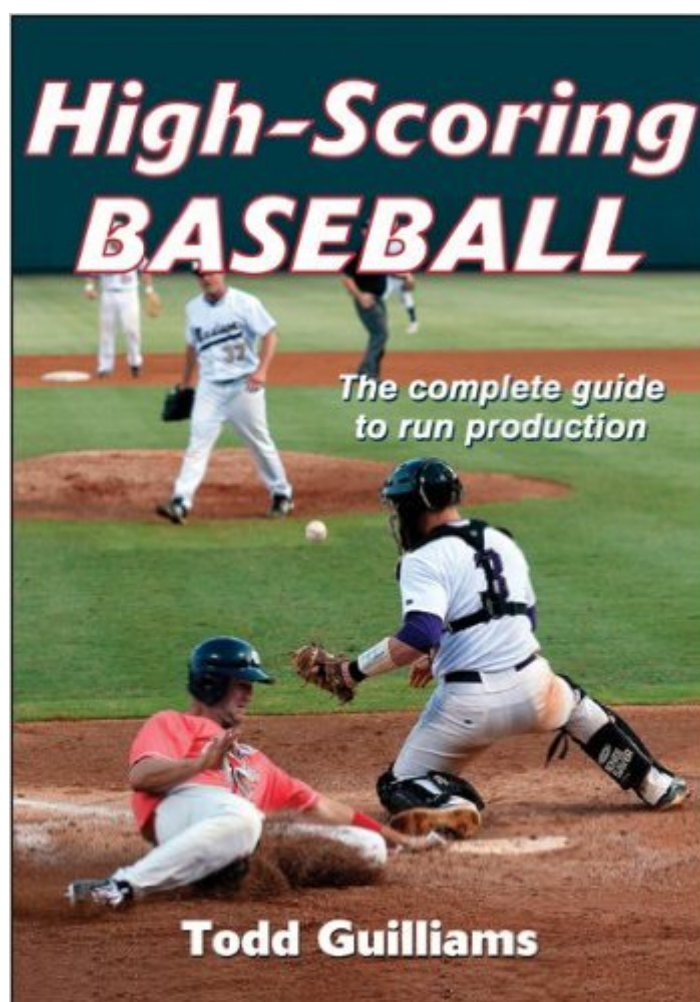


The book was found

High Scoring Baseball



Synopsis

What is the definition of a high-scoring offense? How do you measure a player's offensive productivity? How do you keep your team on track throughout the course of a long season? High-Scoring Baseball is the definitive guide for establishing an aggressive, opportunistic, and disciplined offense. Inside you'll find detailed coverage of the four offensive team goals and the six ways to create offensive pressure that gives every team a chance to be high scorers. Then go inside the numbers for an in-depth analysis of run production. Discover the most common predictors for achieving a big inning, the importance of getting the lead-off hitter on, and the importance of collecting free bases. You'll identify the most effective strategies based on specific game situations as well as the proper mental approach and physical adjustments to execute in those situations. Offense is more than a player's batting average or a team's ability to hit the long ball. It's all about run production. It's a player's ability to achieve a high-quality at-bat and a team's ability to create a big inning. High-Scoring Baseball will change the way you see and play the game. v

Book Information

Paperback: 240 pages

Publisher: Human Kinetics; 1 edition (November 27, 2012)

Language: English

ISBN-10: 1450416195

ISBN-13: 978-1450416191

Product Dimensions: 6.9 x 0.7 x 9.9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars See all reviews (11 customer reviews)

Best Sellers Rank: #415,459 in Books (See Top 100 in Books) #78 in Books > Sports & Outdoors > Coaching > Baseball #801 in Books > Sports & Outdoors > Baseball

Customer Reviews

High Scoring Baseball combines the worlds of sabermetrics with the years of an experienced baseball coach to provide a winning formula for anyone coaching a baseball or softball team. Instead of a book written for "stat-heads" with percentage, ratios, run expectancies, etc. the author uses similar concepts in his discussion of big innings, freebies, and quality at bats to name just a few. Anyone, be it player, coach, or fan will see logical patterns emerge that will put more numbers in the win column of their team.

I've coached baseball at the high school level and been a student of the game for 10+ years and this is the best/most practical book on offense I've ever read. Very thorough. Discusses the importance of Quality At-Bats, freebies, setting goals, the big inning, and how to accomplish all these things and more. A must have for any serious baseball coach. I hope my competition never reads it.

Coach Guilliams shares his offensive system to score runs and award players in a game of failure. I have used QAB's for some time now, but Coach Guilliams takes it to the next level. Backed by seasons of data, the components make sense. I will definitely implement many strategies from this book. A must have book for your coaching library.

A must read for any high school or higher level of competition, and a good read for any coach below that level. The information is very detailed and numbers don't lie. It has changed the way we approach games and each at bat.

Amazing book! The pages are now yellow from all the highlighting great material. Highly recommend this book for any high school coach.

A lot of useful information. Highly recommended for coaches and players looking to improve offensively. When reading this book ring a not pad so you can take notes

[Download to continue reading...](#)

Baseball: Baseball Strategies: The Top 100 Best Ways To Improve Your Baseball Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Baseball) High Scoring Baseball High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High BI) Antlers: A Guide to Collecting, Scoring, Mounting, and Carving Empty Net (Scoring Chances Book 4) The Book of IQ Tests: 25 Self-Scoring Quizzes to Sharpen Your Mind Carmen Suite No.1 (Original scoring): Full Score [A1187] Beyond The Baseline : Part IV (A Comprehensive Guide on Tennis Rules and Scoring) Dave Pelz's Putting Bible: The Complete Guide to Mastering the Green (Dave Pelz Scoring Game Series) Cardboard Gems: A Century of Baseball Cards: A Century of Baseball Cards & Their Stories, 1869-1969 Beckett Baseball Almanac #21 (Beckett Almanac of Baseball Cards and Collectibles) 100 Baseball Icons: From the National

Baseball Hall of Fame and Museum The Baseball Trust: A History of Baseball's Antitrust Exemption
2016 Baseball Forecaster: & Encyclopedia of Fanalytics (Ron Shandler's Baseball Forecaster)
Baseball Field Guide: An In-Depth Illustrated Guide to the Complete Rules of Baseball Incredible
Baseball Stats: The Coolest, Strangest Stats and Facts in Baseball History REEL BASEBALL
Baseball's Golden Era, The Way America Witnessed It - In The Movie Newsreels Confessions of a
Baseball Purist: Whats Right and Wrong with Baseball As Seen from the Best Seat in the House
500 High Fiber Recipes: Fight Diabetes, High Cholesterol, High Blood Pressure, and Irritable Bowel
Syndrome with Delicious Meals That Fill You Up and Help You Shed Pounds! Foods High in Fiber
Cookbook: List of High Fiber Foods for a Healthy Lifestyle - Recipes for High Fiber Foods

[Dmca](#)